



ADVENTURE TRAINING BROCHURE



Who We Are

Ancrum Outdoor Centre is Dundee City's dedicated Outdoor Learning Service. We deliver a wide variety of outdoor learning programmes and activities to schools, youth groups and uniformed organisation and the general public throughout the year. Adventure, fun, exploration, learning and challenge are all part of what we offer.

Our dedicated and highly qualified instructing team have a wide range of skills and qualifications in youth work and the experience and flexibility to deliver a programme to fit your needs.

Where We Operate

Our main base is at 10 Ancrum Road, Dundee. Other than our on-site dry ski slope and our outdoor climbing wall, we mainly operate off-site as a mobile service so we are not tied to a particular venue or location when designing an activity package. Ancrum can and will deliver the highest quality outdoor experience for everyone.

Safety First

At Ancrum, the safety of our clients and staff is the highest priority in all of our activities. We are licensed and inspected by the Adventurous Activities Licensing Service and have an excellent safety record. You can find copies of our current Adventure Activity License and our public liability insurance on our website at <https://www.ancrum.com/adventure-training-day>.

Equipment

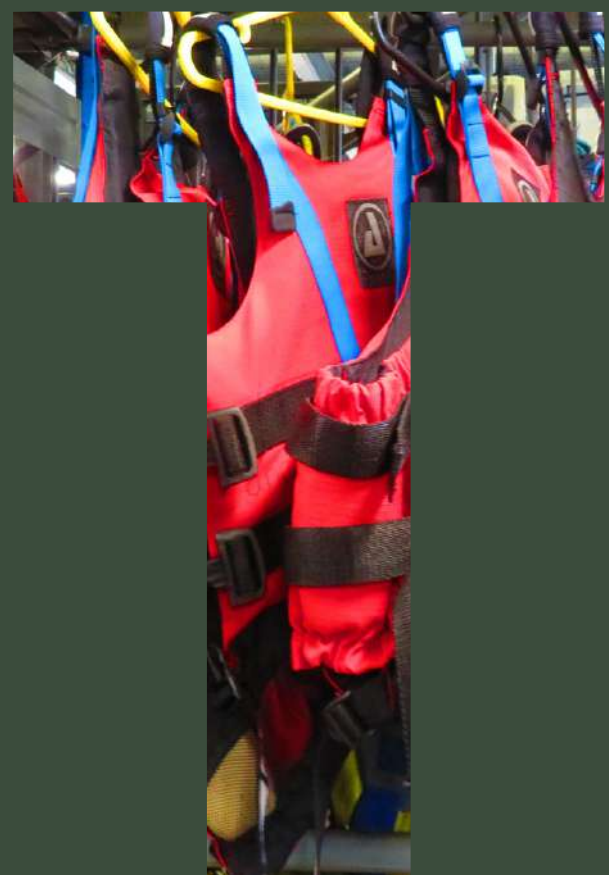
At Ancrum we have our own extensive selection of modern equipment for use with our activities. This includes a wide range of boats, mobile climbing tower, all outdoor clothing and PPE equipment and much more.

Our fleet of minibuses are all fully maintained and in excellent condition and we are comprehensively insured through Dundee City Council. All our minibuses are operated by MiDAS qualified drivers.

All of our equipment is regularly serviced, maintained and replenished to the highest standard by our PPE inspector/stores controller.

Detailed risk assessments, safe operating procedures and guidelines form the foundations of all our activities, with comprehensive safety arrangements and monitoring and reviewing procedures.

Our dedicated and experienced staff are trained and qualified for the activities they lead. We are committed to continual professional development.



Meet Point



Grid Reference: NO650410
Latitude, Longitude (decimal):
56.560454, -2.5700325



Coasteering

Ocean swimming, rock hopping, cliff jumping, scrambling, bouldering, swimming and floating in waves through coastal caves is all part of what we class as our most popular high octane activity we offer at the world famous Arbroath cliffs where your adventure fix will reach new heights and thrills ...



Mini Highland Games

Fancy a real taste of Scottish tradition? Our Mini Highland Games Event is guaranteed to be bags of fun from start to finish. Our instructors will be there with you and your team every step of the way to encourage and coach you to achieve your best fun competitive spirit. Our mini highland games activities include tossing the caber, archery, welly wanging and tug-o-war to name a few!



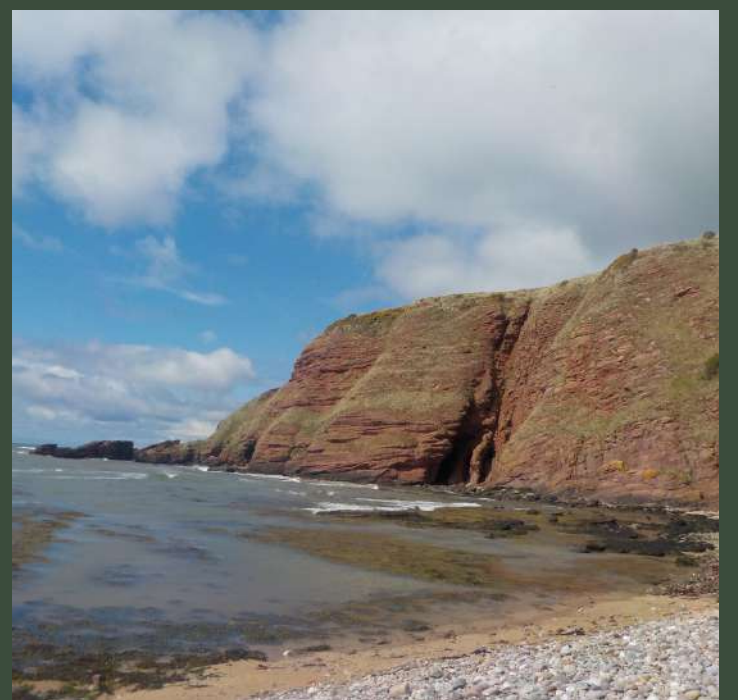
Tyrolean

A tyrolean is essentially a tight rope set up between two anchors. The participants can cross the rope using a variety of methods. This may include sliding across on a pulley, straddling the rope and crossing on their chest (with a leg dangling) or a postman's letterbox crossing where the participants stand on one rope and hold on to the other.



Cave Exploration

The caves from Arbroath north to Lunan Bay are shrouded in history. In years gone by the Angus Coast was a hotbed for smugglers looking to store their illicit goods. Our adventurers will enjoy a trip to Arbroath exploring the seashore, coast and caves.



Mountain Biking

Mountain Biking has steadily grown to be one of the most popular outdoor activities in the UK. Our expert instructors shall discuss your expectations on the day and get a feel for your ability and then tailor make a session for you in one of the many spectacular venues we use. Our mountain bike advertised courses are graded between beginner, intermediate and advanced to accommodate all abilities.



Rock Climbing / Abseil

Rock climbing offers a diverse and thrilling experience for enthusiasts of all levels. With its rugged coastal cliffs, imposing granite outcrops, and picturesque landscapes, Arbroath provides a captivating playground for climbers. Come and learn climbing skills with our well qualified team and scale/climb an outdoor crag/cliff and abseil back down. This activity requires a sense of adventure and a head for heights.



Adventure Scramble

Experience the rugged beauty of the Angus coastline on our Adventure Scramble at the stunning Arbroath Cliffs. This activity combines exploration, challenge, and breathtaking scenery as you journey along dramatic rock faces using ropes, harnesses, and specialist safety equipment.

