

WINTER PROGRAMME 2021/22



At a glance

Course		Dates
Dry Slope Skiing	5-9 yrs	12, 19, 26 Jan & 2 Feb 2022
	10-15 yrs	13, 20, 27 Jan & 3 Feb 2022
	16+ yrs	13, 20, 27 Jan & 3 Feb 2022
	10-15 yrs	31 Jan & 7, 21 & 28 Feb 2022
	16+ yrs	31 Jan & 7, 21, & 28 Feb 2022
	5-9 yrs	3, 10, 17 & 24 Feb 2022
	5-9 yrs	28 Feb & 7, 14, & 21 & Mar 2022
	10-15 yrs	2, 9, 16 & 23 Mar 2022
	16+ yrs	2, 9, 16 & 23 Mar 2022
Rescue Emergency Care		20/23 December 2021
Winter Skills Day		15 January 2022 7 February 2022 12 March 2022
Winter Skills Weekend		15/16 January 2022
Glenshee Snowboard Day (Beginners) Waiting list bookings only		15 January 2022 30 January 2022 26 February 2022 12 March 2022
Winter Mountaineering Day		21/22 January 2022
Ski Touring Introduction		29 January 2022 26 February 2022 12 March 2022
Glenshee Alpine Ski Day (Beginners) Waiting list bookings only		15 January 2022 30 January 2022 13 February 2022 26 February 2022 27 March 2022
Glenshee Alpine Ski Day (Intermediate) Waiting list bookings only		13 February 2022 20 February 2022 19 March 2022
Glenshee Snowboard Day (Intermediate) Waiting list bookings only		13 February 2022
Winter Climbing		4 March 2022
Mountain Ski Tour		13 March 2022

(Glenshee days only run if ski centre is open and weather is suitable)

Waiting list bookings only!! Email : ancrum.centre@leisureandculturaldundee.com.





Dry Slope Skiing

Fancy learning a new sport this winter? Learn to ski on Dundee's only Dry Ski Slope at Ancrum Outdoor Centre.

This is a 1hour a week Beginner Ski Block that runs over a 4-week period. This course is only suitable for absolute beginners with no prior experience.


Our highly qualified instructors will teach you the basics of skiing which includes getting familiar with the equipment, practising balance, body management and movement through the introduction of sliding and snow ploughing.

Course Duration: 4 x 1-hour beginner ski blocks

Course Cost: £49

Age Group	Course Dates
5-9 yrs	12, 19, 26 Jan & 2 Feb 2022
16+ yrs	13, 20, 27 Jan & 3 Feb 2022
10-15 yrs	13, 20, 27 Jan & 3 Feb 2022
16+ yrs	31 Jan & 7, 21 & 28 Feb 2022
5-9 yrs	31 Jan & 7, 21, & 28 Feb 2022
5-9 yrs	3, 10, 17 & 24 Feb 2022
10-15 yrs	28 Feb & 7, 14, & 21 & Mar 2022
16+ yrs	2, 9, 16 & 23 Mar 2022
	2, 9, 16 & 23 Mar 2022





Rescue Emergency Care - First Aid (Age 16+)

The award is for anyone who works or plays outdoors.

Well-known and respected in the outdoor world, the REC scheme has been delivering high quality first aid training for the last 20 years. Nationally recognised and quality assured, this is the course of choice for two out of our three national outdoor centres. This is a 2-day, 16-hour first aid course suitable for validation of NGB awards.

This course covers BLS, hypothermia, Head and Spinal injuries, breaks, bleeding, medical conditions and remote or long-term care. The course is very practical with an emphasis on scenario learning. The course director is an experienced outdoor professional with many years involvement within a rescue team setting. The feedback from this course consistently states this is the best first aid course people have ever been on.

If these dates do not suit, please call centre and ask to be placed on waiting list for future course.

Course Dates:

Monday 20 December 2021- 09:00-17:00

Thursday 23 December 2021 - 09:00-17:00

Course Duration: Two Days

Course Cost: £130.00



Winter Skills Day (Age 16yrs+)

This course is suitable for anyone who wishes to improve their knowledge and skills on the mountains and hills of Scotland in winter. This is a condensed version of the winter skills weekend and suitable for those who have never been winter walking or you wish to upskill their knowledge. Suitable if you have never been winter walking or if you wish to up-skill your knowledge. We shall deliver this course by taking advantage of the best weather and most suitable venues that Scotland has to offer.

This is a very practical day with the emphasis on giving you the skills, knowledge and strategies to enable you to plan and enjoy your own adventures. With this focus we aim to do more than just teach you the 'how to' of winter skills, your instructor will continually share their decision making process and give you the tools to travel safely in winter.

Sample literary:

Core winter skills; Planning, forecasts, equipment and clothing

Mountain journey; Decisions, route options, avalanche and safe travel, how to use and Ice axe and crampons, Practice arresting a trip and slide, walking in crampons, navigation

Come along for a day's hill walking with one of our experienced instructors where you will have the chance to climb a Munro. This is an ideal course as an introduction to the winter mountains or as a refresher. This can be combined with the Advance Winter Hill Skills course (WHSa), which will together give a sound base of knowledge for winter walking.

Course Highlights:

- learn how to use crampons and ice axes
- planning a mountain day
- avalanche awareness
- self-arrests
- emergency procedures
- independence in the mountains
- understand the winter environment
- highly qualified & experienced guides
- small group sizes

Course Dates

Saturday 15 January 2022 - 08:00-17:00

Monday 7 February 2022 - 08:00-17:00

Saturday 12 March 2022 - 08:00-17:00

Course Duration: One Day

Course Cost: £75.00



Winter Skills Weekend (Age 18+)

This course is suitable for anyone who wishes to improve their knowledge and skills on the mountains and hills of Scotland in the winter. Suitable if you have never been winter walking or if you wish to up-skill your knowledge.

This is a very practical 2 days with the emphasis on giving you the skills, knowledge and strategies to enable you to plan and enjoy your own adventures. With this focus we aim to do more than just teach you the 'how to' of winter skills, your instructor will continually share their decision-making process and give you the tools to travel safely in winter. If the wonderful Scottish weather allows, we will aim to reach the summit of at least 1 Munro over the 2 days.

Sample Itinerary:

Day 1: Core winter skills, planning, forecasts, equipment and clothing

Day 2: Space to revisit core skills and application, introduction of intermediate and emergency techniques, increased emphasis on self-reliance and independent travel

Course Dates:

Saturday 15 January 2022 - 08:00-17:00

Sunday 16 January 2022 - 08:00-17:00

Course Duration: Two Days

Course Cost: £140.00



Glenshee Snowboard Day (Beginners)

Our aim is for you to have the best experience possible in Scotland's largest snowboard resort. We have snowboarding courses that will fit your needs from novice through to early intermediate level. Our instructors are BASI/Snowsport Scotland qualified coaches who will help you reach your full potential in this fantastic sport. You can expect a warm, friendly and most of all productive experience from our staff.

Learn how to ride the slopes and use the tows to access more of the ski area. Our instructor will explain the basics to you and you'll have loads of time to put this into practice throughout the day.

What's included:

Snowboard, boots, helmet, lift pass, ski clothing, instruction from our highly qualified instructor and transport to/from the slopes from our base here in Dundee.

Cost £70 Adults, £60 for under 16s (Glenshee sets the age limit for junior lift passes at 16)

Course Dates

Saturday 15 January 2022 - 07:45-16:45

Sunday 30 January 2022 - 07:45-16:45

Saturday 26 February 2022 - 07:45-16:45

Saturday 12 March 2022 - 07:45-16:45

Course Duration: One Day

We can only run this day if the Ski Centre is open and weather conditions allow, therefore, we are only offering a waiting list service for those interested in advance for these dates. Our admin team will contact waiting list candidates as soon as we decide to go ahead. We shall announce if these Glenshee days are going ahead in real time on our social media channels at a minimum of 3 days before each event day listed, so go on and follow us on [Facebook](#), [Twitter](#) and [Instagram](#) and don't miss out.

Winter Mountaineering (2 Day) (Age 18yrs+)

Done some winter walking? Inspired by pictures of soaring ridges or wish to ascend some of the great Scottish gullies? If so this could be the two days you are looking for.

Moving on from winter walking, these two days will explore the 'grey' area between walking and climbing developing skills and movement techniques to safely ascend graded ground. As with all our courses our low numbers and client focused staff allow plenty of flexibility in both venue and the difficulty of terrain. Mountaineering is broad scope and includes both roped climbing and moving over complex terrain without a rope. The aim of these two days is to develop your mountaineering skills and knowledge in this most exciting and amazing type of terrain.

Sample Itinerary:

Day one:

Refresh of core winter skills: Planning, forecasts, equipment, route options, avalanche and safe travel, use of Ice axe and crampons, winter navigation

Movement skills on steeper ground

Introduction and development Rope and technical skills

Day two:

A self-led supported ascent of a graded winter climb with your instructor alongside allowing you the space to develop skills in a controlled environment.

Course Dates:

Friday 21 January 2022 - 08:00-17:00

Saturday 22 January 2022 - 08:00-17:00

Course Duration: Two Days

Course Cost: £280.00



Ski Touring Introduction (Age 18rs+)

Ski touring has seen a huge explosion of popularity over the last few years. With equipment getting lighter, stronger and easier to use, this is no longer the preserve of expert skiers and mountaineers. This one day course will give you a flavour of what it's like to use skis for your uphill travel as well as accessing remote and untouched snow fields. You must be a confident skier on Red runs minimum in all conditions and have had some off-piste skiing experience. The uphill won't be huge but you need to be fit enough to skin uphill for around an hour or so.

What's included:

Touring Skis & Boots, Helmet, Transceiver, Shovel, Probe, Instruction, Ski clothing and Transport to/from the slopes from our base here.

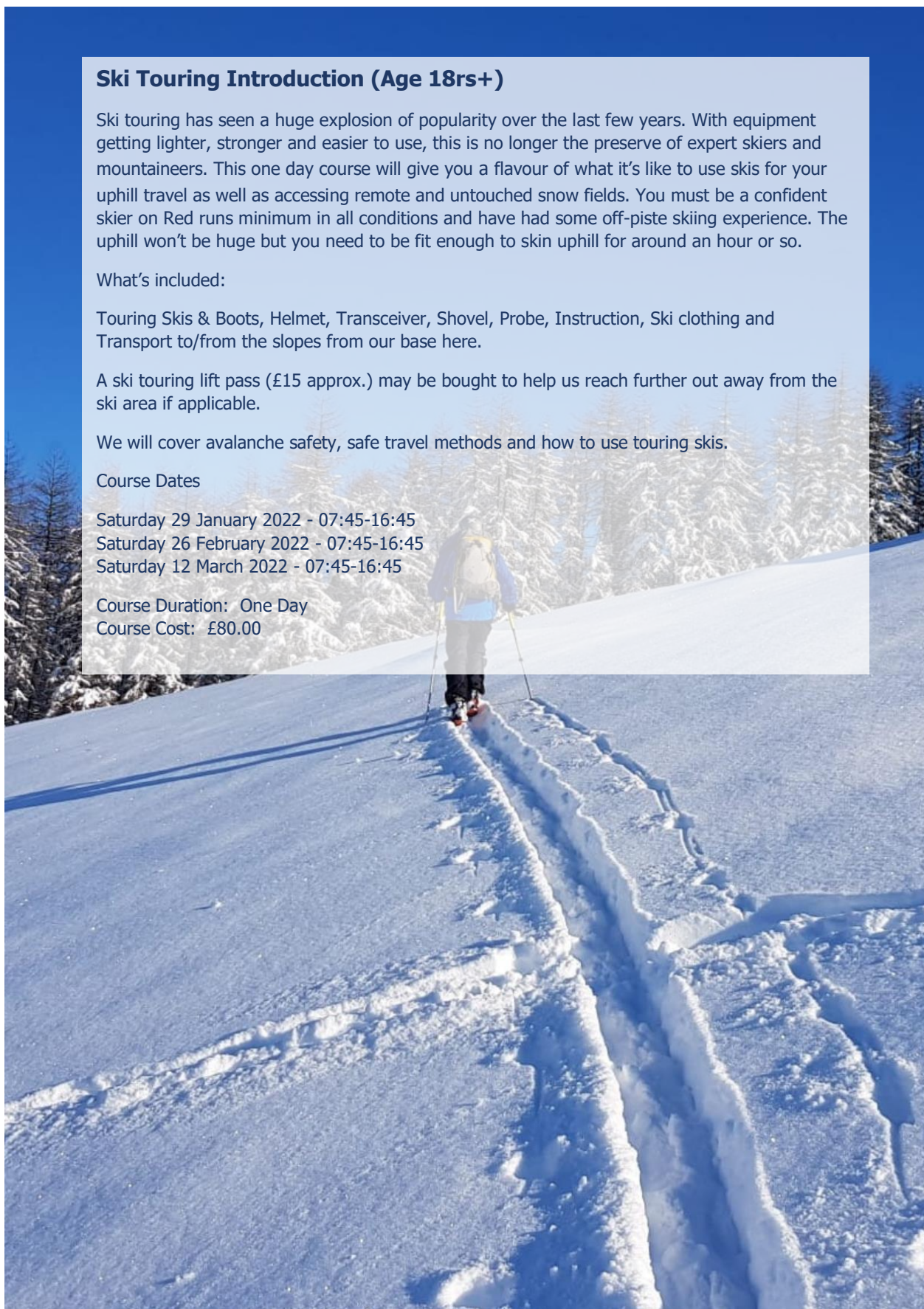
A ski touring lift pass (£15 approx.) may be bought to help us reach further out away from the ski area if applicable.

We will cover avalanche safety, safe travel methods and how to use touring skis.

Course Dates

Saturday 29 January 2022 - 07:45-16:45
Saturday 26 February 2022 - 07:45-16:45
Saturday 12 March 2022 - 07:45-16:45

Course Duration: One Day
Course Cost: £80.00



Glenshee Alpine Ski Day (Beginners)

The largest ski area in Scotland is only an hour drive from Dundee, so we are able to take full advantage of that and are regular visitors. The terrain there gives us the ideal opportunity to learn and progress to getting around the area. Recent improvements in ski lifts and equipment make learning to ski easier than it has ever been.

Participants will learn how to use equipment, and learn the basics of skiing under the guidance of one of our Centre's qualified instructors.

£70 Adult, £60 under 16s

This is an all-inclusive package which includes all ski equipment, clothing, helmet, lift pass and return transport from Ancrum, which is great value for money. There are limited spaces for this popular activity, and early booking is recommended

Course Dates

Saturday 15 January 2022 - 07:45-16:45

Sunday 30 January 2022 - 07:45-16:45

Sunday 13 February 2022 - 07:45-16:45

Saturday 26 February 2022 - 07:45-16:45

Sunday 27 March 2022 - 07:45-16:45

Course Duration: One Day

We can only run this day if the Ski Centre is open and weather conditions allow, therefore, we are only offering a waiting list service for those interested in advance for these dates. Our admin team will contact waiting list candidates as soon as we decide to go ahead. We shall announce if these Glenshee days are going ahead in real time on our social media channels at a minimum of 3 days before each event day listed, so go on and follow us on [Facebook](#), [Twitter](#) and [Instagram](#) and don't miss out.

Glenshee Alpine Ski Day (Intermediate)

The largest ski area in Scotland is only an hour drive from Dundee, so we are able to take full advantage of that and are regular visitors. The terrain there gives us the ideal opportunity to learn and progress to getting around the area. Recent improvements in ski lifts and equipment make learning to ski easier than it has ever been.

If you have skied before (1 or 2 days/6hrs+) and can safely control your speed using a snowplough but want to get to grips with turning to control your speed on easy slopes (beginner and green runs). We'll work on your turning and balance to make your turns more effective to help control your speed.

Cost £70 Adults, £60 for under 16s (Glenshee sets the age limit for junior lift passes under 16)

This is an all-inclusive package which includes all ski equipment, clothing, helmet, lift pass and return transport from Ancrum, which is great value for money. There are limited spaces for this popular activity, and early booking is recommended

Course Dates

Sunday 13 February 2022 - 07:45-16:45

Sunday 20 February 2022 - 07:45-16:45

Saturday 19 March 2022 - 07:45-16:45

Course Duration: One Day

We can only run this day if the Ski Centre is open and weather conditions allow, therefore, we are only offering a waiting list service for those interested in advance for these dates. Our admin team will contact waiting list candidates as soon as we decide to go ahead. We shall announce if these Glenshee days are going ahead in real time on our social media channels at a minimum of 3 days before each event day listed, so go on and follow us on [Facebook](#), [Twitter](#) and [Instagram](#) and don't miss out.



Glenshee Snowboard Day (Intermediate)

Our aim is for you to have the best experience possible in Scotland's largest snowboard resort. We have snowboarding courses that will fit your needs from novice through to early intermediate level. Our instructors are BASI/Snowsport Scotland qualified coaches who will help you reach your full potential in this fantastic sport. You can expect a warm, friendly and most of all productive experience from our staff.

Learn how to ride the slopes and use the tows to access more of the ski area. Our instructor will explain the basics to you and you'll have loads of time to put this into practice throughout the day.

What's included:

Snowboard, boots, helmet, lift pass, ski clothing, instruction from our highly qualified instructor and transport to/from the slopes from our base here in Dundee.

Cost £70 Adults, £60 for under 16s (Glenshee sets the age limit for junior lift passes at 16)

Course Dates

Sunday 13 February 2022 - 07:45-16:45

Course Duration: One Day

We can only run this day if the Ski Centre is open and weather conditions allow, therefore, we are only offering a waiting list service for those interested in advance for these dates. Our admin team will contact waiting list candidates as soon as we decide to go ahead. We shall announce if these Glenshee days are going ahead in real time on our social media channels at a minimum of 3 days before each event day listed, so go on and follow us on [Facebook](#), [Twitter](#) and [Instagram](#) and don't miss out.



Winter Climbing (3 Days) - Age 18yrs+

An ideal course for someone who has experience of winter walking and some climbing, these three days aim to introduce you to the joy of winter climbing.

Working with your instructor you will develop skills that are required to become an independent winter climber. This course will take you into more technical ground than mountaineering, using 2 climbing specific axes, pitched climbing and winter protection such as ice screws. As winter walking and mountaineering skills will be used to access climbing venues previous experience of mountaineering and summer climbing is essential. (Max ratio 1:2)

If you are not sure this is the course for you, please contact the Dave Slade at the centre 01382 435911

Sample Itinerary

Day 1: Core winter skills recap
Mountaineering ground and use of rope

Day 2: Guided winter climb

Day 3: Self-led climb

Topics normally covered

- development of movement skills on steeper ground - snow/ice and scrambling type terrain
- use of guide books and route choices
- use of a rope, slings and karabiners
- construction and use of snow anchors
- selection and use of rock anchor
- abseiling in a winter environment
- winter skills - navigation, route selection and preparation
- avalanche knowledge

Course Dates

Friday 4 March 2022 - 08:00-17:00

Friday 18 March 2022 - 08:00-17:00

Course Duration: 3 Days

Course Cost: £420.00



Mountain Ski Tour (Age 18yrs+)

This course is for anyone who has tried ski touring and now wishes to learn more skills to go further. Our highly experienced and qualified leader will help you bag a mountain in this exceptional activity. The aim for this day is to explore a mountain, practice our skills and look for some nice fresh snow to ski down. You should already have attended an Intro course or have some experience of ski touring, so this day is not suitable for total beginners to ski touring. As we will be looking to ascend a mountain, you should have a reasonable degree of fitness and be a confident off-piste skier to get the best out of the day.

What's included:

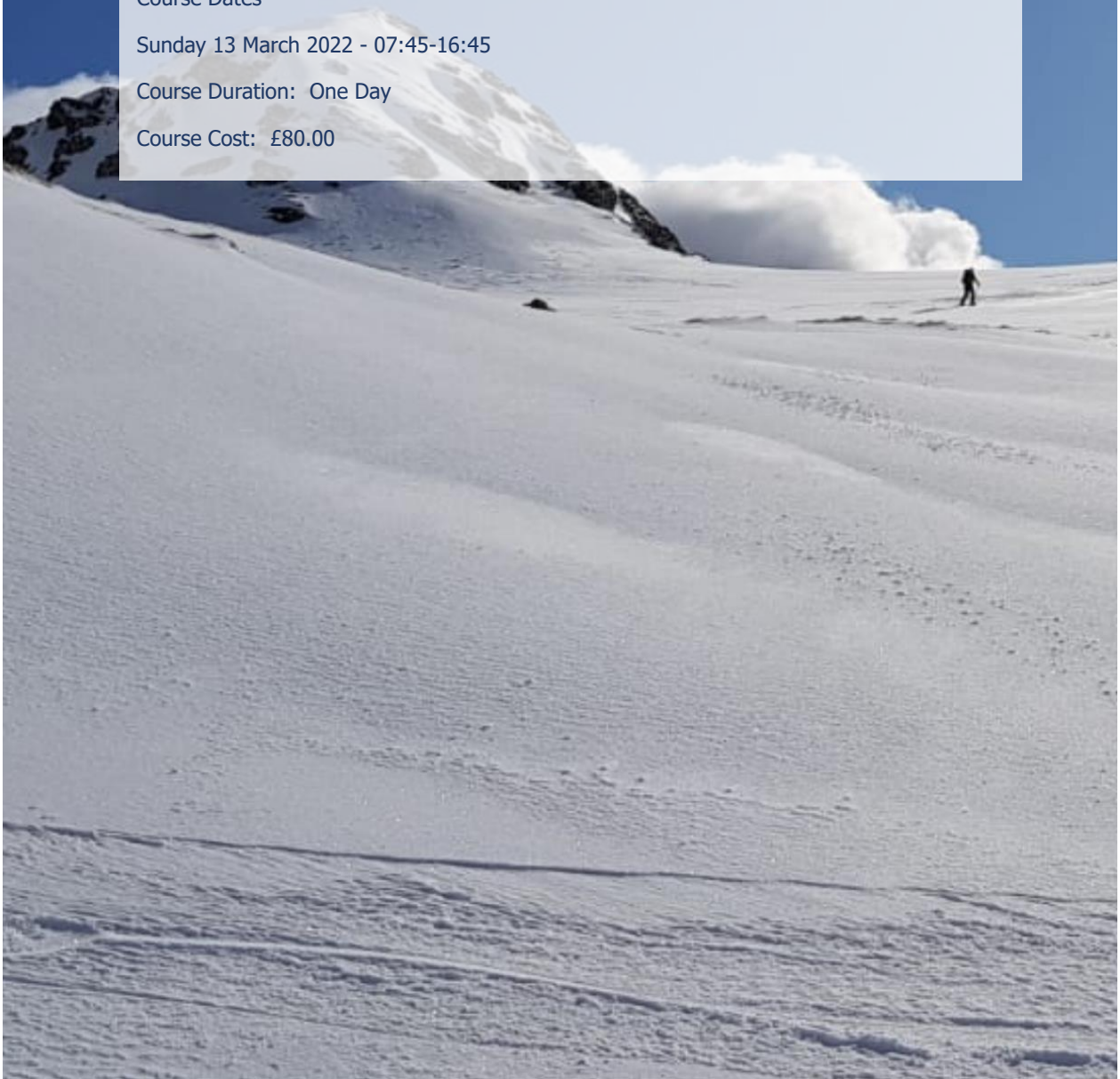
Touring Skis & Boots, Helmet, Transceiver, Shovel, Probe, Instruction, Ski clothing and Transport to/from the slopes from our base here.

Course Dates

Sunday 13 March 2022 - 07:45-16:45

Course Duration: One Day

Course Cost: £80.00



Snowsports Equipment Hire

To hire equipment, simply pop into the Centre during office hours 9am-5pm Monday-Friday and bring the following 2 forms of identification and a payment card in your name.

These must include a photographic identity card and 1 utility bill showing your current address within last 3 months. If you do not get any paper utility bills, we will accept being shown any formal online bill such as a bank statement with your current address from your banking app at the time of hire.

We have the following sets available for hire:

- Ski / Snowboard Set
- Snowsport Clothing Set
- Snowsport Equipment and Clothing Set
- Sledging Set
- Ski Touring Set
- Ski Touring and Avalanche Set
- Winter Walking Set (18+)

Ski and Snowboard Servicing

Ancrum is the very best Ski and Board Repair Centre in the Tayside area and by far the most competitive in terms of value for money, quality of repair and our World Host accredited customer care.

Just bring your kit to the Centre, complete your service card and our talented ski technicians will inspect, service and contact you when they are finished. If the inspection identifies anything more needed other than what you have selected, the technicians will call you to discuss.

Did you know ...

Did you know we offer 1-2-1 and group private lessons? Contact the Centre for details.

Looking for birthday party activity fun with a difference for kids aged 5-14 then contact the Centre on 01382 435911 or visit www.ancrum.com.

